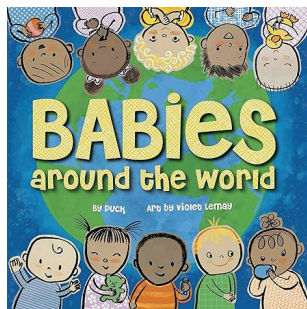


The Scoop in Family Child Care

February 2025 | Issue 44

Featured Book

This enchanting board book is your passport to diversity, taking your little ones on a whirlwind tour from sunrise to sunset. Starting in New York, and waltzing through cities like Mexico City, Rio de Janeiro, London, Paris, Cape Town, Cairo, Beijing, and Tokyo, it's a world tour without leaving your living room!



Each adorable baby you meet says "Hello" in their own unique way, sharing their warmth and culture. From "Bonjour" to "Ni hao," these mini citizens make the world feel a little cozier. It's an early lesson in global harmony and a must-have for every little one's bookshelf.

<https://www.youtube.com/watch?v=2AA6Slur-08>

Sensory

Materials

- Rice
- Hand Sanitizer
- Red, Yellow, Green Dye
- Ziploc Bags
- Red, Yellow Green Paper
- Cardboard
- Muffin Tin



Directions

Honor inventor Garrett Morgan with this sensory activity themed after one of his inventions: the three-way traffic signal. Divide rice into three separate bags, add hand sanitizer and food coloring to dye, seal the bag, and fully combine the rice and food coloring. Fill a muffin tin with the rice by color. For extra fun, add construction vehicles and a sand bucket.

Art Project

Black History Month Handprint Art

Materials Needed

- Paint
- Paper
- Markers, Crayons, Colored Pencils, etc.



Instructions

To access templates, go to www.teacherspayteachers.com/Product/Black-history-month-handprint-craft-activity-FREE-Printable-9153837. Have children paint their hands and place them on one of the templates. Allow children to add any additional details they want.

Finger Play

I am the Dream

I am brave like Harriet Tubman, who helped us be free
I can dream like Dr. King, he led us to equality
I'm as strong as Rosa Parks, she refused to give up her seat
I raise my hand up high and say with pride, I am the dream
Yeah that's me, yeah that's me, I can be who I want to be
Yeah that's me, yeah that's me, I'm strong and I am free
Yeah that's me, yeah that's me, I am a future figure of black history

I can write like Langston Hughes and Maya Angelou
I'm as smart as the women who launched astronauts to the moon

I can play like Serena Williams, Tim Duncan, and Colby too
I am strong and I am free

https://youtu.be/fCXIqLgf-qk?si=1cu_Uwj5Bi2OcizJ

Nutrition

Jollof Rice Recipe

Ingredients

- Beef
- Dried Thyme
- Curry Powder
- Onions
- Bell Peppers
- Carrots
- Tomatoes
- Your Favorite Vegetables



Directions

For the full recipe, go to <https://vocal.media/families/kid-friendly-jollof-rice>

12 Books to Celebrate Black History



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Referral Services

Submit Your Complete Update Survey

It's that time of year for you to fill out the Complete Update Survey! You should have received an email and paper copies over the past several weeks. You can also scan this QR code to fill out the form. The form should take about 15 minutes to complete.



If you have any questions, contact our Referral Specialist, Jessi, at jjuzman@salccc.org or (309) 686-3750, Option 3.

Trainings

Strengthening Business Practices for Family Child Care

Learn tips and best practices in fiscal, organizational, and financial goals and human resource documents to help break down the fiscal processes into manageable steps.

Wednesdays, February 12, March 12, April 16, & May 14
6:00 p.m. - 9:00 p.m. | Online Via Zoom

Presented by Courtney Hatcher, Project CHILD

Registration Deadline: 11:55 p.m. on Tuesday, February 4

Register at www.salccc.org/provider-services/training

Health & Safety

Handwashing: When to Wash and Tips to Make it Effective

Staff and kids should wash their hands upon arrival at the child care program; before preparing, serving, or eating food; after eating, using the bathroom, changing a child's diaper or helping a child in the bathroom, wiping noses, mouths, sores, or cuts, handling body fluids, handling raw eggs, meat or poultry; any time your hands look or smell dirty.

To make handwashing more effective use liquid soap, warm running water, scrub hands for at least 20 seconds, and use disposable single-use towels. Don't forget to wash infants' and toddlers' hands too!

Grants

In partnership with SAL Child Care Connection, the Illinois Department of Human Services Division of Early Childhood (IDHS-DEC) is providing funds to assist child care practitioners in achieving First Aid (FA)/Cardiopulmonary Resuscitation (CPR) Certification.

These funds can cover up to \$117 per participant.

Learn more about how to apply for these funds and what they cover by going to www.salccc.org/provider-services/grant-opportunities

Home Child Care Network

Home Child Care Network is seeking licensed home care providers to join their **free** program. Their program offers free monthly training, technical support for grants and budgets, mental health support including screenings, and add-on rates for 2nd and 3rd shifts and weekends, with monthly payments guaranteed by the 15th of the month.

For more information, call (309) 685-8064

Higher Education Navigation

Thinking about advancing your Early Education Career?

Contact a Higher Education Navigator for Help:

1. Determining your educational goals
2. Identifying which programs are available to best fit your needs
3. Connecting you with Early Childhood Education scholarship opportunities
4. Acting as a point of contact with Higher Education Institutions
5. Completing your Gateways membership
6. CDA cohort
7. Other assistance as needed

Call (309) 686-3750 Option 7

Home Daycare Professional Group

Third Tuesday of the Month
6:30 p.m. - 8:00 p.m.
Zoom Meeting



For more information on any of our programs and services
Call: (309) 686-3750 | Fax: (309) 686-3850 | Visit: www.salccc.org
Child Care Assistance Program Option 2
Referrals Option 3
Training Registration Option 4
Grants Option 5
Smart Start Grant Expert Option 6
Higher Education Navigation Option 7
Quality Visits or Information on ExceleRate Option 9

SAL COMMUNITY SERVICES

Child Care Connection of Central Illinois

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