## The Scoop in Family Child Care

September 2024 | Issue 39

#### **Featured Book**

In this picture book destined to become a fall classic, life as a leaf is pretty sweet! The weather is pleasant, the view is fine, and everything just feels fresh. But when autumn breezes begin to blow, adventurous Birch, nervous Oak, and grumpy Maple each have their own way of facing the new crispness in the air. New situations can be scary, but also thrilling, as three



adorable autumn leaves, surprised by their turning colors and the promise of the fall to come, discover in this funny and heartwarming story, the perfect tool for any child who struggles with change.

https://youtu.be/3zNqwSYb Tw?si=ORfbuE-HZ-0xxb49

#### Sensory

#### Materials We Used

- Half a 5lb bag of oats
- Generous sprinkle of cinnamon
- Pinches of nutmeg and turmeric
- Tinfoil pie plates
- Measuring cups
- Measuring spoons
- Mini apples
- Large wooden apples



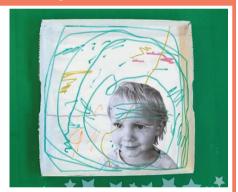
#### Possible Ways to Interact with Materials

Comparing the sizes of the apples, counting the apples, running oats through their fingers, making handprints, scooping the oats with spoons and measuring cups, making mini apple pies, and more!

#### **Art Project**

#### All About Me

Have your child draw a picture of themselves at the beginning and end of a school year to show the progression of their fine motor skills. Place a picture of the child on or near the self-made

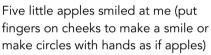


picture. Keep in the child's portfolio to show growth.

#### **Finger Play**

#### Way Up High in the Apple Tree

Way up high in the apple tree (reach up high, spread fingers pretending to be a





I shook that tree as hard as I could (pretend to shake the tree) Down came the apples (bring hands down wiggling fingers, like falling rain)

Mmmmm, they were so good! (rub tummy)

\*Repeat with...4,3,2,1... All Gone! https://youtu.be/SoXQwnw8VSQ?si=CQns-svwczPLzUkR

#### Apple Slices that are Over the Top

Use your favorite spread such as Peanut Butter or Yogurt then add a topping. Children can help make their own.

#### **Topping Ideas**

- Shredded Coconut
- Mini M&Ms
- Granola
- Crushed Nuts
- Freeze Dried Fruit

#### **Nutrition**



#### Seasonal Books



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#### **Referral Services**

It's that time of year for you to fill out the Complete Update Survey! You should receive an email and paper copies in the upcoming weeks. You can also scan this QR code to fill out the form.

If you have any questions, call our Referral Specialist at (309) 686-3750 Option 3 or email JGuzman@salccc.org.



#### **Trainings**

The Whole Brain Child "No Pressure" Book Study

5-Week Book Study

Tuesdays, Sept. 24th, Oct. 15th, Oct. 22nd, Nov. 4th & Dec. 3rd 6:30 p.m. - 8:30 p.m.

3425 N. Dries Lane, Peoria, IL 61604 OR Online Via Zoom

Registration Deadline: September 16th

And

Free CPR Classes!

Register at www.salccc.org/provider-services/training

#### Health & Safety

#### Steps to Complete for CCAP Health & Safety Training Requirements

- 1. Become a Gateways to Opportunity Registry Member a. Maintain your username and password
- 2. Choose a training route and complete the required training
- 3. Self Report your Training on Gateways to Opportunity
- 4. Complete annual Child Development Training and add it to your Professional Development Record.

For help with these steps, please reach out to Child Care Connection at (309) 686-3750 and ask to talk with the Health and Safety Coach.

#### **Grants**

Individual Professional Development Funds are available now!

These funds assist child care providers in their pursuit of professional development, including a CDA for those interested in becoming teacher-qualified!

Learn more about how to apply for these funds and what they cover by going to www.salccc.org/provider-services/qualityimprovement-grant-opportunities

#### Home Child Care Network

Home Child Care Network is seeking licensed home care providers to join their free program. Their program offers free monthly training, technical support for grants and budgets, mental health support including screenings, and add-on rates for 2nd and 3rd shifts and weekends, with monthly payments guaranteed by the 15th of the month.

For more information, call (309) 685-8064

### Thinking about advancing your Early Education Career?

Higher Education Navigation

Contact a Higher Education Navigator for Help:

- 1. Determining your educational goals
- 2. Identifying which programs are available to best fit your
- 3. Connecting you with Early Childhood Education scholarship opportunities
- 4. Acting as a point of contact with Higher Education Institutions
- 5. Completing your Gateways membership
- 6.CDA cohort
- 7. Other assistance as needed

Call (309) 686-3750 Option 7

### Home Daycare Professional Group

Second Monday of the Month 6:30 p.m. - 8:00 p.m. Zoom Meeting



For more information on any of our programs and services Call: (309) 686-3750 | Fax: (309) 686-3850 | Visit: www.salccc.org Child Care Assistance Program Option 2 Referrals Option 3

Training Registration Option 4

**Grants Option 5** 

Smart Start Grant Expert Option 6

Higher Education Navigation Option 7

Quality Visits or Information on ExceleRate Option 9

COMMUNITY

Child Care Connection of Central Illinois

3425 N. Dries Ln Peoria, IL 61604

